

JUST THE JOY

The logo consists of the word 'JUST' in white, rounded, uppercase letters. To its right is a stylized orange cloud. Below 'JUST' is the word 'THE' in green, rounded, uppercase letters. To the right of 'THE' is the word 'JOY' in orange, rounded, uppercase letters. The letter 'O' in 'JOY' contains a simple orange smiley face. A small orange dot is positioned above the 'I' in 'JOY'.

A Stimulating Initiative
For Year 6 & 7 Pupils This Autumn

Student Name:

School:

DO YOU KNOW WHAT YOU WANT TO DO WHEN YOU ARE OLDER?

Maybe you do, and maybe you don't

We want you to see all the possibilities there are for you in the future. We are challenging you to explore your personality traits, your strengths, and your preferences to match you up to Just The Job that suits YOU. Once you've done that, you won't have all the skills you need right now, so the next step is to work out how you are going to get to where you want to be.

The idea is to reveal a world of opportunities, to inspire you to start thinking about your future now, and to prompt you to think about how school can help you achieve your goals. It's definitely a bit of fun, but funnily enough, what you study at school can really help you get the right job.

Good luck – we can't wait to see your ideas.

Patricia Thomas High Sheriff of Herefordshire, 2020–2021



After working through this Workbook we'd love you to submit an entry for the Just The Job Competition 2021 for a chance to win prizes for you and for your School. We'll need you to tell us:

A job you'd really like to do when you're older.

All the skills and talents you have to help you be good at the job

How what you learn at school will help you get the job (and what extra you might be able to do...)

WRITE IT DRAW IT FILM IT



If you're a wordsmith Words – not too many, no more than 300



If you are creative Poster – do a poster saying why you are the person for the job



If you are a performer Video – No more than a minute to impress the judges!

My teacher described me as

.....

adjective – a word naming an attribute of a noun, such as strong, happy or red

noun – in this case, YOU are the noun

MY FRIENDS / CLASSMATES THINK I AM...

I BELIEVE I AM...

This Question-and-Answer page is to get you thinking about things that describe you and interest you. It can't provide conclusive answers, but it can start to show you possible jobs to consider aiming for.

Read through the questions below and tick or circle whichever statement A, B or C describes you best. (PS Self evaluation is a skill in itself, so it's great that you're practising this now...)

QUESTION	A	B	C
Is working outside important to you?	Don't mind, some outside and some inside would be best for me	Not really, I would prefer an indoor job	Yes, very. I do not want an indoor job
Are you a confident team leader?	I like to be part of a team, but I also like to have someone guiding me	I like to work on projects on my own and then share my ideas	Yes, I like being a team leader
Do you like to work independently?	Not really, I prefer to work with others	Yes, on my own is much better than in a team.	I don't mind, I work well both ways.
Do you find it easy to explain yourself?	Yes, I think I am good at communicating	I prefer others to do the talking	Yes, but it's not what I'm passionate about
Do you enjoy being part of a team?	Yes, I love working with other people around me	I'm happier being my own boss	I'm happy to work as part of a team or individually.
Do you want a job where you can make a difference to someone's life?	Yes, helping people is really important to me	It's not something that is important to me in my work, I'd rather not have a people based job	If it's a consequence of my job then great, but I wouldn't make a career choice based on it
Are you a methodical person?	I can follow instructions but I like to improvise at times.	Yes, I like to follow a process	I like to make things up as I go along
Are you creative?	Yes, I like to come up with creative ways to work	Yes, I like to create computer-based things	Yes, I like to make things
Do you like maths?	I like it in context/ when I understand why it's useful	I love working with numbers!	I only use numbers when I have to
Would you like a physical job?	I am quite active, but not all day every day	I'd rather be in an office environment	Yes, I love being active and/or working with my hands
Are you interested in how things work?	I don't mind how they work, as long as I can use them to make a difference	Yes, and I'd love to develop and design products	Yes, to a certain extent, but I'd prefer to be the one who does the fixing when things are broken or the one who uses the tools/machines
Are you a practical thinker?	Yes, but I do like to discuss ideas with people	Yes, give me a problem and I'll solve it!	Present me with the solution and I'll put it in to practice
Do you like working with computers	Not all day every day	Yes, I'm a tech whizz	If it helps me do my job
Decision making	I can make decisions, but I do like to work as a team to make the right choices	Yes, I am happy and confident to make decisions on things	I like to be guided within my work

I answered mostly

As

Bs

Cs

Have a look at the job categories on the next few pages and see which ones inspire you. They have been grouped according to your answers, but it might be a good idea to look at the other categories as well, especially if you answered any of them. For example, if you answered mostly Cs, start with that category. But, if you answered two or three As, have a quick look in case there is a job in that group that really grips and inspires you.

A JOBS

You love working with other people as part of a team. Making a difference to people's lives is important to you and something you are passionate about. You are caring and helpful.

Actor/Entertainer

Aid worker/humanitarian worker

Airline cabin crew

Beauty therapist/Aromatherapist

Business owner

Care – care assitant

Care – care home manager

Careers adviser

Charities fundraiser

Chef

Chiropractor

Civil Service

Community worker

Counsellor

Customer Service

Dental hygienist

Dentist

Dietician

Diplomatic service

Doctor (Family GP)

Doctor (in a hospital)

Engineer

Environmental health officer

Equality and diversity officer

Estate agent

Events organiser

Firefighter

Food technologist

Hairdresser / Barber

Heritage sector

Homeless support worker

Hospitality – Hotel/restaurant/
Bar

Housing adviser

Human resources officer

Interpreter

Journalist

Laboratory technician

Law – Barrister

Law – Lawyer/solicitor

Lecturer (further/higher
education)

Librarian

Marine scientist

Marketing executive

Museum Curator

Nature conservation officer

Nurse

Occupational therapist

Optician

Paramedic

Pharmacist

Physiotherapist

Plant breeder

Police officer

Politician/Local councillor

Prison officer

Probation officer

Psychologist

Public relations (PR) officer

Quality assurance manager

Radiographer

Recruitment consultant

Recycling officer

Religious leader, eg priest/rabbi/
imam

Retail – buyer

Retail – manager

Retail – merchandiser/shop
worker

Sales executive

Secretary/Personal Assistant

Social Media Specialist

Social worker

Speech and language therapist

Sports coach/development
officer

Sports therapist

Teacher

Teaching/classroom assistant

Trade union official

Travel agent

Travel and Tourism Adviser

Veterinary nurse

Veterinary surgeon

Volunteer organiser

Youth worker





B JOBS

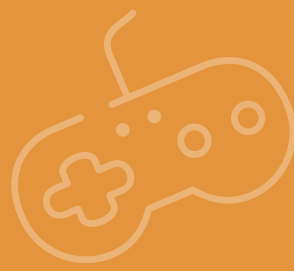
You are a technical whizz, who is confident with numbers. You enjoy taking on independent tasks and you like finding solutions to complex problems.

- Banking – Corporate
- Banking – working in a branch
- Bilingual secretary
- Bookkeeper
- Building surveyor
- Business owner
- Cider maker/Brewer/Distiller
- Civil Service
- Civil engineer
- Conservation Officer
- Customs/Immigration officer
- Cyber security specialist
- Data analyst
- Debt/finance adviser
- Dentist
- Designer – Clothing and textiles
- Designer – Industrial/product
- Designer – interiors/kitchens
- Economist
- Electrician
- Electronics Engineer
- Energy consultant
- Engineer
- Engineer – Agricultural
- Engineer – Maintenance



- Environmental scientist
- Geologist
- Graphic designer
- Health and safety adviser
- Insurance agent
- Insurance claims inspector
- IT specialist
- IT/software –Trainer
- Laboratory technician
- Landscape architect
- Law – Barrister
- Law – Lawyer/solicitor
- Librarian
- Local government admin/officer
- Map maker
- Marine scientist
- Market researcher
- Meteorologist
- Pharmacist
- Planner – Town and country
- Political researcher
- Printer
- Production manager
- Project manager
- Quality assurance manager

- Quantity surveyor
- Radiographer
- Scientist – Forensic
- Scientist – Research
- Software developer
- Statistician
- Stockbroker
- Structural engineer
- Surveyor – Land
- Tax inspector
- Trading standards officer
- Translator
- Transport/Logistics planner
- Veterinary nurse
- Veterinary surgeon
- Video game designer/developer
- Web designer/developer
- Welder/Fabricator



C JOBS

You are a creative individual who may feel confined by office-based work. You enjoy the practical aspects of life and physical work. You may be passionate about art, music, sports or the outdoors, and you want to turn this interest into your job.

Actor/Entertainer
 Agricultural worker, eg tractor driver, stockman, field or orchard care
 Animal Care, eg Cattery, Kennels, Stables
 Animator
 Archaeologist
 Armed forces soldier/airman/sailor
 Artist, Illustrator
 Athlete or Sportsperson
 Beauty therapist/Aromatherapist
 Blacksmith/Farrier
 Bricklayer
 Business owner
 Carpenter
 Charities fundraiser
 Chef
 Cider maker/Brewer/Distiller
 Construction Worker
 Dancer
 Designer - Clothing and textiles
 Designer - Industrial/product
 Designer - interiors/kitchens
 Dog Groomer
 Electrician
 Engineer
 Engineer - Agricultural
 Environmental health officer
 Events organiser
 Farmer
 Film Maker
 Firefighter
 Fisherman



Gardener
 Graphic designer
 Hairdresser / Barber
 Herbalist
 Heritage sector
 Horticultural grower
 Interior designer
 Journalist
 Land manager
 Landscape architect
 Lecturer (further/higher education)
 Manufacturing - engineer
 Manufacturing - machine operator
 Manufacturing - toolmaker
 Map maker
 Marine scientist
 Mechanic - Car & Vehicle
 Meteorologist
 Mining engineer
 Multimedia specialists
 Museum Curator
 Musician
 Nature conservation officer
 Occupational therapist
 Oilrig worker
 Painter and Decorator
 Paramedic
 Photographer
 Physiotherapist
 Plant breeder
 Plasterer
 Plumber
 Police officer



Printer
 Production manager
 Project manager
 Quantity surveyor
 Recycling officer
 Scientist - Forensic
 Social Media Specialist
 Speech and language therapist
 Sports coach/development officer
 Structural engineer
 Surveyor - Land
 Teacher - dance/drama/music
 Teacher (nursery/early years)
 Teacher (primary)
 Teacher (secondary)
 Teacher (special educational needs)
 Teaching/classroom assistant
 Transport - bus or train driver
 Transport - HGV lorry driver
 Transport - taxi driver
 Transport - van driver/courier
 Travel agent
 Travel and Tourism Adviser
 TV or Radio Presenter
 TV production assistant
 TV/film/theatre set designer
 Veterinary nurse
 Veterinary surgeon
 Volunteer organiser
 Waste management officer
 Web designer/developer
 Welder/Fabricator
 Writer/Author



TOP 5 'POWER SKILLS' TO MAKE YOU STAND OUT

We asked employers for their Top 5 'Power Skills' from this list (they're often called 'transferrable skills' because they're useful in many types of job).

Being open-minded
Taking the initiative
Listening
Remaining calm in the face of challenges
Being organised
Taking pride in doing a good job
Being reliable
Being able to work unsupervised
Being
Being a nice person to work with
Being punctual resilient
Remaining calm in the face of challenges
Being willing and interested
Problem-solving
Being self-motivated
Being respectful
Non-verbal communication
Being persuasive
Evaluating your own performance
Collaborating with others
Being a people-motivator

These are ALL useful skills, and each employer chose slightly differently, but here is their combined Top 5:

1. Listening
2. Being willing and interested
3. Being reliable
4. Taking initiative when needed
5. Being communicative

SPORTS

Team sports help you

- Listen
- Be resilient
- Be involved
- Trust each other

Solo sports like tennis and riding help you be

- Determined
- Self-motivated
- Resilient

AT SCHOOL

Subjects like History, Geography, Languages, PE, Art and Music help you

- Expand ideas
- Meet a challenge
- Develop a different view

JOIN A YOUTH GROUP

such as

- Young Farmers Clubs
- Close House
- South Wye Boxing Academy
- No Wrong Door (at HVOSS)
- Youth Theatre/Youth Dance
- Cheerleading

to

- Meet new people
- Try new activities
- Help others
- Team-working
- Learn new activities

Ways to learn more skills

KEEP IT UP!

to get Just The Job!

SIGN UP FOR

- Duke of Edinburgh Award
- Sea, Army, Air or Police Cadets
- Cubs, Brownies, Scouts or Guides

for

- Team building
- Listening
- Taking up a challenge
- Measurable new skills eg: badges

VOLUNTEER

with

- the Hospice Young Volunteers
- Vennture
- A charity shop
- Helping older or isolated people
- Fundraising

Learn about

- Caring
- Kindness
- Listening
- Following a process
- How bigger organisations work
- Feeling valued

WE'VE FOUND JUST THE JOB



Cameron Woolnough

What is your name, and what and where is your work?

I'm Cameron Woolnough, and I'm a full-time professional dancer with 2Faced Dance Company in Hereford.

How and when did you start?

I joined 2 years ago as part of my postgraduate apprenticeship course at Northern School of Contemporary Dance.

What makes it enjoyable and special to you?

Being part of a company and not just a dancer. Having my opinions and ideas valued. Being part of an amazing group of people who are all striving to make the company the best it can be in any situation.

What kind of tasks do you do day-to-day?

Teaching community classes in schools across the county, teaching professional classes for auditions, or company class. Moving sets for shows and seemingly endless amounts of sound and lighting equipment: but this leads to performing in a wide range of shows.

What personal attributes have helped you in this job?

Confidence, communication skills, and a just-go-for-it attitude.

What school subjects have helped you in your job and how?

PE at GCSE and A-Level gave me a great understanding of the body's anatomy which has been a huge help when it comes to looking after my own body and dealing with injuries. It also encouraged me to understand how to be a team player and work together to reach a successful outcome.

What do you wish you had learned at school?

I wish I had had the opportunity to take business studies to have learned the different elements that surround a successful business.

What are your outside interests?

Outside of work I enjoy anything that gets my adrenaline going, I've always enjoyed mountain biking and BMX. I also love finding ways to keep fit and strong without it becoming boring.



Dan Chubb

What is your name, and what and where is your work?

I'm Daniel Chubb, Digital Marketing Executive at Orphans Press in Leominster.

How and when did you start?

I started an apprenticeship two years ago.

What makes it enjoyable and special to you?

Work with a wide range of clients within several industries. Alongside marketing, I find it very interesting to be involved with and collaborate with the print, design and web teams as well.

What kind of tasks do you do day-to-day?

Campaign Optimisations, Proposals, Data Analysis, and Photography

What personal attributes have helped you in this job?

Being imaginative, thorough, and creative.

What school subjects have helped you in your job and how?

Maths - Helps my data analysis and campaign reporting as I can work out percentage increases and decreases. English - As I need to be very careful with my spelling and grammar. Graphic Design - Massively increased my Photoshop & Lightroom skills allowing me to colour balance and remove unwanted elements from my photography.

What do you wish you had learned at school?

HTML, CSS & Javascript.

What are your outside interests?

Automotive & Product Photography
Car Illustrations



WE'VE FOUND JUST THE JOB



Emma Cooke

What is your name, and what and where is your work?

Emma Cooke, Teaching Assistant (TA) and Childcare Assistant in Nursery at Burley Gate Primary School and Bodenham Primary School

How and when did you start?

I began as a TA in September 2020 after enjoying it when I did it in lockdown.

What makes it enjoyable and special to you?

I get to see the children grow and I love it when they can finally do something that they may have been struggling with, and how proud of that they are.

What kind of tasks do you do day-to-day?

I currently help with phonics and maths group-work with Reception children, and assist with playtime supervision.

What personal attributes have helped you in this job?

I feel that I connect and communicate well with children in a way that we can all be understood. I am also well organised and enthusiastic to try things if the opportunity arises.

What school subjects have helped you in your job and how?

In school I loved Maths, English, and Child Development, all of which I think are helping me progress as a Teaching Assistant.

What do you wish you had learned at school?

I really enjoyed school. I would have been interested in a basic level of Psychology at GCSE level or before, as being able to understand the mind could be especially useful.

What are your outside interests?

I love baking, shepherding and football and use all of them to keep my mind clear.



Maria Mcilroy

What is your name, and what and where is your work?

Maria Mcilroy, and I'm Accounts Assistant at Chris Duckett Ltd

How and when did you start?

I've been at Ducketts for 5 years, starting as a Personal Assistant, then Business Development Assistant while I studied to be an Accountant. I moved to the Accounts department in the last 2 years.

What makes it enjoyable and special to you?

I love numbers. Best team I have ever worked with. Everyone has time for everyone. Learning something new every day. Having a Monday-to-Friday job gives me weekends and bank holidays off, making it easier to plan my life and giving me time for hobbies.

What personal attributes have helped you in this job?

Being motivated to complete my AAT Diplomas. Wanting to learn accountancy. Keen to challenge myself.

What school subjects have helped you in your job and how?

Mathematics helped me to understand accounting. English literature and grammar helped me create structured emails, invites for events, and write notes to accounts.

What makes you take pride in your work?

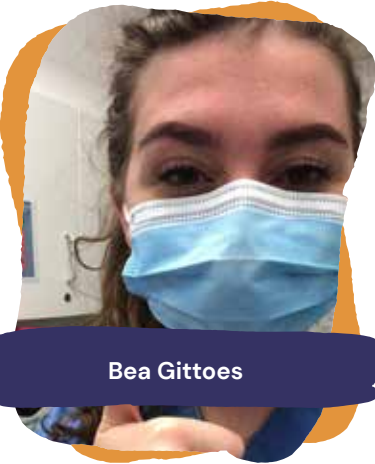
Creating budgets and Key Performance Indicators for clients to help them understanding their business. Balancing a Balance sheet.

What are your outside interests?

Playing squash. Participating in fundraising events. Organising and hosting events.



WE'VE FOUND JUST THE JOB



Bea Gittoes

What is your name, and what and where is your work?

My name is Bea Gittoes and I am a general adult staff nurse in an Acute Care Unit in a hospital in south Wales.

How and when did you start?

I started my training by studying Health & Social Care BTEC at Hereford & Ludlow College, taking me to a nursing degree at Swansea University. I have been doing this job for over a year now and I love it!

What makes it enjoyable and special to you?

My job is never boring, every day is different, and I meet new people every day! I look after acutely ill patients and try to make them better, which makes my job very fast-paced and rewarding.

What kind of tasks do you do day-to-day?

I give patients personal care to support them with their daily activities. I also look after very sick patients where I work alongside doctors to try to improve patients' health quickly and effectively. This involves monitoring patients and giving them treatment in a fast-paced environment.

What personal attributes have helped you in this job?

A non-judgemental attitude and a desire to help people. You must be a good communicator with both patients and colleagues to ensure the best treatment is given, and that patients always know what is going on. You have to be able to think on your feet in emergency situations.

What school subjects have helped you in your job and how?

GCSE Science helped me a lot especially Biology, and also Maths.

What do you wish you had learned at school?

I wish I had had the opportunity to do Health & Social Care in school. I had to work extra hard on Maths and English as these were a struggle to me as school subjects.

What are your outside interests?

I enjoy taking part in team sports and my arts and crafts activities.



Cameron Bateman

What is your name, and what and where is your work?

My name is Cameron Bateman. I work for Thomas Panels & Profiles where we manufacture profiled sheets to clad buildings, and many other things.

How and when did you start?

I started 2 years ago on the production floor, where I was able to grow my knowledge of both the products and the machines. I am now working in the Technical Department.

What kind of tasks do you do day-to-day, and What makes your job enjoyable and special to you?

I make sure that everything that the Sales team sells to customers can get made, and also help the Production team with any problems with the machines. Through the work in the Technical Department I have developed a huge interest in electrics, building new machines to suit the company as well as improving machines that we have now.

What personal attributes have helped you in this job?

I take pride in what I do, and I'm interested to learn.

What school subjects have helped you in your job and how?

Design and Technology at school has helped me hugely, I have been able to transfer skills and knowledge from Computer Design into the work I do today.

What do you wish you had learned at school?

I wish that I had learned more computer programming to be able to understand some of the work I do with my manager, even if it had only been a basic knowledge it would have gone a long way.

What are your outside interests?

They mostly involve sport and keeping fit and healthy. I go to the gym every evening after work, and (when rain allows!) play cricket in the summer.



WE'VE FOUND JUST THE JOB



Kyle Hopkins

What is your name, and what and where is your work?

I'm PC Kyle Hopkins, a Police Officer at Hereford Police Station

How and when did you start?

Before becoming a police officer, I joined as a 'Special Constable'. At the age of 18, this is open to anyone to join. It allowed me to work voluntarily alongside the police, to gain experience and to see if it was for me. Alongside this, I worked at Tesco Supermarket in Hereford. Both roles allowed me to develop transferable skills which I could use as a police officer. I have now been a police officer for 18 months.

What do you like about it – what makes it Just The Job for you?

This IS 'Just The Job'! I would recommend this job to anyone. Every day is different, and it is great feeling to help people and of course to catch criminals. It is also a very interesting role, allowing you into places which many other jobs would not.

What personal attributes have helped you in this job?

I have always tried my best in whatever I do. I volunteered myself to take on extra responsibilities at school, such as becoming a prefect then deputy head boy. I also think the key is to be organised. I ensure I keep on top of my work, and ask for help when I need it.

What school subjects have helped you in your job and how?

I felt it was important to try my hardest at school and build a good reputation for myself which my school then passed on. I received good GCSE results, allowing me to study English, Law and Business studies at Sixth Form College. I wanted to choose subjects that interested me and that might also link to a future career, such as Law. There are also specific college courses tailored towards policing, which are worth considering.

What makes you take pride in your work?

I feel in a very lucky position. I am able to help people in need and play a role in keeping our city safe and a pleasant place to live. Helping victims of crime is the best feeling, and I take much pride in this.

What are your outside interests?

Outside work I enjoy spending time with friends and family. I do regular exercise and go for long walks. I enjoy keeping up to date with the news and take an interest in what is going on locally and around the world.

What is your name, and what and where is your work?

Samuel Herrera. I'm in the Civil Service in London, as a Policy Advisor in the Ministry for Housing, Communities & Local Government.

How did you start, and how long have been doing this work?

I started a year ago on a Policy Profession Apprenticeship and was promoted into a permanent position.

What makes it enjoyable and special to you?

I take joy in being part of what makes the country work – the feeling of making a difference. It's exciting working at the centre of government where you often come into contact with senior staff and politicians whom you've seen on TV.

What kind of tasks do you do day-to-day?

My work is office-based. Until recently I was working on Covid-19 briefings for ministers' and senior civil servants' meetings. Now I am part of the team working with the new Planning Reform Bill, which involves daily data handling and analysing.

What personal attributes have helped you in this job?

Good communication skills, as passing on information and instructions clearly and precisely is important; approaching problems with a creative mind; and being confident to share your opinions and knowledge.

What school subjects have helped you in your job and how?

English Language helped my writing skills; History helped me understand why things are the way they are in the world; most obviously, studying Politics at university has broadened my knowledge of how UK politics works.

What do you wish you had learned at school?

I wish I had been able to learn Spanish, and to study Politics at a younger age.

What are your outside interests?

I am a signed DJ on Flex FM Radio in London, and I also collect vinyl records and DVDs.



WE'VE FOUND JUST THE JOB



Now it's your turn to interview someone and find out about them and their job. If they're happy with you taking a photo, you could attach it top right. Who will you choose? A member of staff? A classmate's family member? Someone else?

What is your name, and what and where is your work?

How and when did you start?

What makes it enjoyable and special to you?

What kind of tasks do you do day-to-day?

What personal attributes have helped you in this job?

What school subjects have helped you in your job and how?

What do you wish you had learned at school?

What are your outside interests?



GATHER YOUR IDEAS

Now that you have an idea of what you could do in the future, you need to think about how school and outside activities could help you get there.

Starting at the bottom of the ladder, write the steps you would need to take towards this future role.

Step 1: School subjects that would be needed for this Job

Step 2: What group the Job falls into, A B C and why

Step 3: Top POWER skills you have already have to do this job

Step 4: POWER skills you need to acquire to do this job really well (at least 3)

Step 5: Other school subjects and outside groups, sports and activities where you can get more POWER skills.

You could change the colour of your pen, and write extra notes in the space next to the ladder.

When I'm older I'd like to be a

.....

I think this is Just The Job for me because I am...

.....

.....

To get to where I want to be I will...

.....

.....

JUST THE JOB FOR ME

5.

1.

3.

2.

1.

WHERE I AM NOW

Here's a reminder of what to do next

**WRITE IT
DRAW IT.
FILM IT.**

The Just The Job competition is open to all Y6 and Y7 students whose schools are taking part. There are three ways to show the judges why you are the person for the job that you've chosen for the Just The Job project:



Write up to 300 words on A4 paper



Draw make a poster in any medium, up to A3 in size



Film no more than a minute of video on a memory stick

Your teacher has all the information about how to enter the Competition. We cannot return your entries to you, unfortunately, so please ask if it is possible for your school to make a copy if you want to keep it.

The competition closes on 31 January 2021 and the winners will be announced in the first week of March 2021.

THANK YOU!

For a great project you need a great team, and I have many people thank: Chloe Thomas for bringing to life my ideas and making them into pages. The numerous teaching professionals whose brains I picked. Herefordshire Business Board and Jan Bailey for their support. The business leaders and real people who have provided feedback and content. Helen Bowden at Orphans for providing direction and Jo Henshaw for pulling the project together. And, of course, the biggest thank you of all to you and your school for taking part in Just the Job!

Patricia Thomas

What is a High Sheriff?

Each county in England and Wales has a High Sheriff, a role which has been around for over 1100 years. For centuries, it was a horrid job as High Sheriffs had to collect taxes for the King (think Sheriff of Nottingham) and were responsible for justice, law and order in their county. Nowadays, the role, which lasts for one year only, has evolved to be one of support to the judiciary (that's judges and magistrates), to Edward Harley, the Lord Lieutenant (the Queen's personal representative in Herefordshire), and to voluntary organisations and charities. It means I get to visit people and places all over the county and help them wherever I can - it's a bit like being an ambassador for Herefordshire, and I am very lucky to have been chosen.

